

Dragon Boat Racing

Revised November 2019

Refer to the 55+ BC Games 'General Rules Book' for additional general rules that apply to all sports.

1. Age Categories

Women 55+

Mixed 55+

2. Events

Team events only

3. Participation

- a) Each zone may send an unlimited number of teams per age category.
- b) Teams consist of a minimum of 22 to a maximum of 26 names and stated on the roster.
 - 1) A drummer, a steer person and 20 paddlers
 - 2) One member of the team must be designated as the Team Captain or as Team Manager
 - 3) Women's Teams – the paddlers must be all women; the steer person and drummer can be of either gender.
 - 4) Mixed Teams – must be comprised of a minimum of ten female paddlers or a maximum of ten male paddlers.
 - 5) Minimum of four races if possible.

4. Competition

- a) Dragon Boat Canada rules will apply with 55+ BC Games exceptions.
- b) The Host Society Sport Chair will post the schedules, draws and results at the venue throughout the competition.
- c) Racing will commence no later than 8:30 am and finish by 4:30 pm on Thursday and Friday. Should there be more teams that can be accommodated in two days, the Host Society Sport Chair in consultation with the Rules Committee shall start competition on the Wednesday or complete competition on the Saturday
- d) Requirements
 - a. Boats – racing fleet that meets International Dragon Boat Racing standards
 - b. Paddles – Paddlers may supply their own paddles as long as all specific regulations are met
 - c. PFD's – Participants may supply their own, provided they are approved by Department of Transport (DOT), Canadian Coast Guard (CCG) OR Department of Fisheries and Oceans (DFO). Clearly visible PFD's are preferred.
- e) The Host Society Sport Chair will determine the number of divisions in each age category after the official close of registration. The number of divisions will be based on the number of teams registered in each age category.
- f) Divisions will have a MINIMUM of three teams and no maximum number of teams. For example, if twelve women's teams register, there could be two divisions of six teams in each division or there could be three divisions of four teams in each division.

- g) Team placements in initial heats and lane assignments shall be random or seeding. After the initial heats, the Host Society Sport Chair will assign teams to their divisions based on order of finish or finish time. Teams will be racing against other teams in their own division in subsequent races.
- h) After the initial heats, the Host Society Sport Chair will post which teams are in which divisions in a public place at the venue.
- i) Lanes will be allocated by placing the fastest team in lane 3, second fastest team in lane 2 and so on, alternating between the next outer vacant lanes.
- j) If a team incurs a penalty and a time penalty is applied to the actual finish time, then the adjusted time will be used to alter the order of finish placement and the resulting standing of that team.

5. Medals

- a) Medals will be awarded to the top three teams in each division.
- b) In each division, the lowest timed team shall be awarded the Gold medal, the second lowest timed team shall be awarded the Silver medal and the third lowest timed team shall be awarded the Bronze medal.