



# You're invited to 'Give It a Try'

Friday September 17, 2021 @ The Castlegar Complex  
9:00am- 2:00pm

Come out and try a variety of sports that are part of the 55+ BC Games. If you have wondered what the games are all about and wanted to see how it all works, then come to this informative event

Come join us and 'Give it a Try!'

Choose as many activities as you like listed below.

**MUST PRE-REGISTER BY SEPTEMBER 14th TO ENSURE ATTENDANCE!**

**Registration is FREE!** (Registration Opens August 23rd)

Register by phone 250-365-3386 or online at [www.rdck.ca/recreation](http://www.rdck.ca/recreation)

Please contact Heather Anderson-Recreation & Cultural Programmer at 778-460-5232 or by email at [handerson@rdck.bc.ca](mailto:handerson@rdck.bc.ca) with any questions you may have.

## EVENT INFO

9:00 – 10:00am **DARTS**  
Kootenay Room/Castlegar Complex

9:00 – 10:00am **CARPET BOWLING**  
Selkirk Room/Castlegar Complex

10:00 – 11:00am **FLOOR CURLING**  
Arena Lobby Area/Castlegar Complex

11:00 – 12:00pm **CRIBBAGE**  
Kootenay Room/Castlegar Complex

11:00 – 12:00pm **PICKLEBALL**  
Castlegar Complex Courts

**FREE LUNCH/SOCIAL @Castlegar Complex \*Selkirk Room  
12:00 – 1:00PM**

1:00 – 2:00pm **SWIMMING**  
Castlegar Aquatic Centre

1:00 – 2:00pm **WHIST**  
Kootenay Room/Castlegar Complex

1:00 – 2:00pm **TENNIS**  
Castlegar Complex Courts

We gratefully acknowledge the financial support of the Province of British Columbia and the Government of Canada.



An initiative of:

