

Abbotsford 2023 55+ BC Games

Results - Individual by Sport

Track and Field

Last Name	First Name	Geographic Location Name	City	Result Type	Place		Batch Type	Batch Name	
TR011 - Men- 55 - 59 - 100 Metres									
Fostvelt	Shawn	2	(Z2) Vancouver Island North	Nanaimo	Final Standin	1 Gold	12.69	Final Standings	Final Standings
Galo	Alex	3	(Z3) Fraser Valley	White Rock	Final Standin	2 Silver	13.75	Final Standings	Final Standings
King	Robin	1	(Z1) Vancouver Island South	Duncan	Final Standin	3 Bronze	15.14	Final Standings	Final Standings
TR031 - Men- 55 - 59 - 400 Metres									
Galo	Alex	3	(Z3) Fraser Valley	White Rock	Final Standin	1 Gold	1:03.19	Final Standings	Final Standings
King	Robin	1	(Z1) Vancouver Island South	Duncan	Final Standin	2 Silver	1:17.08	Final Standings	Final Standings
Gentle	Garret	4	(Z4) Lower Mainland	Squamish	Final Standin	3 Bronze	1:24.33	Final Standings	Final Standings
TR051 - Men- 55 - 59 - 1500 Metres									
Randhawa	Parminder	3	(Z3) Fraser Valley	Abbotsford	Final Standin	1 Gold	5:27.28	Final Standings	Final Standings
Donnelly	Dean	3	(Z3) Fraser Valley	Surrey	Final Standin	2 Silver	5:38.63	Final Standings	Final Standings
Schroeder	Alan	3	(Z3) Fraser Valley	Mission	Final Standin	3 Bronze	5:43.60	Final Standings	Final Standings
TR151 - Men- 55 - 59 - Discus									
Morfitt	Graham	2	(Z2) Vancouver Island North	Courtenay	Final Standin	1 Gold	34.45	Final Standings	Final Standings
Huckerby	Rodger	3	(Z3) Fraser Valley	Maple Ridge	Final Standin	2 Silver	NA	Final Standings	Final Standings
TR171 - Men- 55 - 59 - Shot Put									
Morfitt	Graham	2	(Z2) Vancouver Island North	Courtenay	Final Standin	1 Gold	10.23	Final Standings	Final Standings
Joyce	Thomas	5	(Z5) Okanagan-Similkameen	Vernon	Final Standin	2 Silver	7.75	Final Standings	Final Standings
Randhawa	Parminder	3	(Z3) Fraser Valley	Abbotsford	Final Standin	3 Bronze	7.53	Final Standings	Final Standings
TR191 - Men- 55 - 59 - Weight Throw									
Morfitt	Graham	2	(Z2) Vancouver Island North	Courtenay	Final Standin	1 Gold	13.7	Final Standings	Final Standings
Huckerby	Rodger	3	(Z3) Fraser Valley	Maple Ridge	Final Standin	2 Silver	7.24	Final Standings	Final Standings
TR211 - Men- 55 - 59 - Pentathlon									
Randhawa	Parminder	3	(Z3) Fraser Valley	Abbotsford	Final Standin	1 Gold	1344	Final Standings	Final Standings
TR012 - Men- 60 - 64 - 100 Metres									
Joyce	Stephen	5	(Z5) Okanagan-Similkameen	Coldstream	Final Standin	1 Gold	14.08	Final Standings	Final Standings
Rudzik	John	1	(Z1) Vancouver Island South	Youbou	Final Standin	2 Bronze	19.64	Final Standings	Final Standings
Hunter	Michael	4	(Z4) Lower Mainland	North Vancouver	Final Standin	2 Silver	15.03	Final Standings	Final Standings

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TR032 - Men- 60 - 64 - 400 Metres								
Rudzik	John	1 (Z1) Vancouver Island South	Youbou	Final Standin	1 Gold	1:43.59	Final Standings	Final Standings
TR052 - Men- 60 - 64 - 1500 Metres								
Smillie	Malcolm	4 (Z4) Lower Mainland	Delta	Final Standin	1 Gold	5:37.64	Final Standings	Final Standings
Antalek	Ron	3 (Z3) Fraser Valley	Maple Ridge	Final Standin	2 Silver	5:55.26	Final Standings	Final Standings
Stewart	Brian	3 (Z3) Fraser Valley	Abbotsford	Final Standin	3 Bronze	6:08.85	Final Standings	Final Standings
TR092 - Men- 60 - 64 - 1500 Metre Race Walk								
McMahon	Shawm	11 (Z11) Bulkley Valley-Lakes-Nechako	Burns Lake	Final Standin	1 Gold	13:29.25	Final Standings	Final Standings
TR122 - Men- 60 - 64 - High Jump								
Wong	Marick	3 (Z3) Fraser Valley	Coquitlam	Final Standin	1 Gold	1.3	Final Standings	Final Standings
TR021 - Men- 55 - 59 - 200 Metres								
Galo	Alex	3 (Z3) Fraser Valley	White Rock	Final Standin	1 Gold	27.74	Final Standings	Final Standings
King	Robin	1 (Z1) Vancouver Island South	Duncan	Final Standin	2 Silver	33.13	Final Standings	Final Standings
TR041 - Men- 55 - 59 - 800 Metres								
Donnelly	Dean	3 (Z3) Fraser Valley	Surrey	Final Standin	1 Gold	NA	Final Standings	Final Standings
Joyce	Thomas	5 (Z5) Okanagan-Similkameen	Vernon	Final Standin	2 Silver	2:42.55	Final Standings	Final Standings
Randhawa	Parminder	3 (Z3) Fraser Valley	Abbotsford	Final Standin	3 Bronze	2:43.85	Final Standings	Final Standings
TR061 - Men- 55 - 59 - 5000 Metres								
Randhawa	Parminder	3 (Z3) Fraser Valley	Abbotsford	Final Standin	1 Gold	5000	Final Standings	Final Standings
TR071 - Men- 55 - 59 - 5000 Metre Power Walk								
Kay	Andrew	3 (Z3) Fraser Valley	Surrey	Final Standin	1 Gold	33:05.59	Final Standings	Final Standings
TR141 - Men- 55 - 59 - Long Jump								
Joyce	Thomas	5 (Z5) Okanagan-Similkameen	Vernon	Final Standin	1 Gold	4.39	Final Standings	Final Standings
TR131 - Men- 55 - 59 - Triple Jump								
Randhawa	Parminder	3 (Z3) Fraser Valley	Abbotsford	Final Standin	1 Gold	7.52	Final Standings	Final Standings
TR161 - Men- 55 - 59 - Javelin								
Morfitt	Graham	2 (Z2) Vancouver Island North	Courtenay	Final Standin	1 Gold	54.28	Final Standings	Final Standings

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Joyce	Thomas	5 (Z5) Okanagan-Similkameen	Vernon	Final Standin	2 Silver	25.01	Final Standings	Final Standings	
Huckerby	Rodger	3 (Z3) Fraser Valley	Maple Ridge	Final Standin	3 Bronze	19.25	Final Standings	Final Standings	
TR221 - Men- 55 - 59 - Throws Pentathlon									
Morfitt	Graham	2 (Z2) Vancouver Island North	Courtenay	Final Standin	1 Gold	3432	Final Standings	Final Standings	
TR022 - Men- 60 - 64 - 200 Metres									
Joyce	Stephen	5 (Z5) Okanagan-Similkameen	Coldstream	Final Standin	1 Gold	29.65	Final Standings	Final Standings	
Hunter	Michael	4 (Z4) Lower Mainland	North Vancouver	Final Standin	2 Silver	31.35	Final Standings	Final Standings	
Rudzik	John	1 (Z1) Vancouver Island South	Youbou	Final Standin	3 Bronze	44.99	Final Standings	Final Standings	
TR042 - Men- 60 - 64 - 800 Metres									
Ellis	Jeremy	3 (Z3) Fraser Valley	Abbotsford	Final Standin	1 Gold	2:54.63	Final Standings	Final Standings	
Joyce	Stephen	5 (Z5) Okanagan-Similkameen	Coldstream	Final Standin	2 Silver	3:08.91	Final Standings	Final Standings	
TR062 - Men- 60 - 64 - 5000 Metres									
Antalek	Ron	3 (Z3) Fraser Valley	Maple Ridge	Final Standin	1 Gold	22:28.07	Final Standings	Final Standings	
Stewart	Brian	3 (Z3) Fraser Valley	Abbotsford	Final Standin	2 Silver	23:08.35	Final Standings	Final Standings	
Virk	Jarnail	3 (Z3) Fraser Valley	Abbotsford	Final Standin	3 Bronze	NA	Final Standings	Final Standings	
TR072 - Men- 60 - 64 - 5000 Metre Power Walk									
Wong	Vun Khi	4 (Z4) Lower Mainland	Richmond	Final Standin	1 Gold	40:49.14	Final Standings	Final Standings	
TR142 - Men- 60 - 64 - Long Jump									
Wong	Marick	3 (Z3) Fraser Valley	Coquitlam	Final Standin	1 Gold	4.49	Final Standings	Final Standings	
Chhina	Avtar	3 (Z3) Fraser Valley	Abbotsford	Final Standin	2 Silver	4.44	Final Standings	Final Standings	
TR132 - Men- 60 - 64 - Triple Jump									
Wong	Marick	3 (Z3) Fraser Valley	Coquitlam	Final Standin	1 Gold	8.87	Final Standings	Final Standings	
TR033 - Men- 65 - 69 - 400 Metres									
Crawshaw	Allan	1 (Z1) Vancouver Island South	Victoria	Final Standin	1 Gold	1:06.39	Final Standings	Final Standings	
Sharp	Kelly	9 (Z9) North Central	Prince George	Final Standin	2 Silver	1:24.6	Final Standings	Final Standings	
TR053 - Men- 65 - 69 - 1500 Metres									
Sharp	Kelly	9 (Z9) North Central	Prince George	Final Standin	1 Gold	6:47.55	Final Standings	Final Standings	
TR093 - Men- 65 - 69 - 1500 Metre Race Walk									

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Sarup	Ram	3 (Z3) Fraser Valley	White Rock	Final Standin	1 Gold	12:45.87	Final Standings	Final Standings	
Montaldi	Doug	11 (Z11) Bulkley Valley-Lakes-Nechako	Burns Lake	Final Standin	2 Silver	13:09.79	Final Standings	Final Standings	
Yong	George	4 (Z4) Lower Mainland	Burnaby	Final Standin	3 Bronze	14:00.10	Final Standings	Final Standings	
TR014 - Men- 70 - 74 - 100 Metres									
Percival	Al	3 (Z3) Fraser Valley	Port Moody	Final Standin	1 Gold	15.04	Final Standings	Final Standings	
Sandhu	Hardev Singh	3 (Z3) Fraser Valley	Surrey	Final Standin	2 Silver	16.21	Final Standings	Final Standings	
Swanson	Darrell	3 (Z3) Fraser Valley	Maple Ridge	Final Standin	3 Bronze	17.5	Final Standings	Final Standings	
TR034 - Men- 70 - 74 - 400 Metres									
Befus	Glenn	2 (Z2) Vancouver Island North	Nanoose Bay	Final Standin	1 Gold	1:14.25	Final Standings	Final Standings	
Hendrie	Tim	1 (Z1) Vancouver Island South	Chemainus	Final Standin	2 Silver	1:42.57	Final Standings	Final Standings	
TR094 - Men- 70 - 74 - 1500 Metre Race Walk									
Johnson	Jim	7 (Z7) East Kootenay	Cranbrook	Final Standin	1 Gold	10:18.00	Final Standings	Final Standings	
Chin	Steve	4 (Z4) Lower Mainland	Vancouver	Final Standin	2 Silver	16:30.17	Final Standings	Final Standings	
TR124 - Men- 70 - 74 - High Jump									
Donaldson	Sven	2 (Z2) Vancouver Island North	Nanaimo	Final Standin	1 Gold	1.2	Final Standings	Final Standings	
Sweeney	Ron	3 (Z3) Fraser Valley	Abbotsford	Final Standin	2 Silver	1.05	Final Standings	Final Standings	
Hendrie	Tim	1 (Z1) Vancouver Island South	Chemainus	Final Standin	3 Bronze	0.9	Final Standings	Final Standings	
TR154 - Men- 70 - 74 - Discus									
Bains	Mohan	3 (Z3) Fraser Valley	Surrey	Final Standin	1 Gold	30.91	Final Standings	Final Standings	
Essex	Al	3 (Z3) Fraser Valley	Langley	Final Standin	2 Silver	30.75	Final Standings	Final Standings	
Johnson	Jim	7 (Z7) East Kootenay	Cranbrook	Final Standin	3 Bronze	28.55	Final Standings	Final Standings	
TR043 - Men- 65 - 69 - 800 Metres									
Sharp	Kelly	9 (Z9) North Central	Prince George	Final Standin	1 Gold	3:14.09	Final Standings	Final Standings	
TR063 - Men- 65 - 69 - 5000 Metres									
Sharp	Kelly	9 (Z9) North Central	Prince George	Final Standin	1 Gold	25:12.5	Final Standings	Final Standings	
Sarup	Ram	3 (Z3) Fraser Valley	White Rock	Final Standin	2 Silver	35:14.82	Final Standings	Final Standings	
TR073 - Men- 65 - 69 - 5000 Metre Power Walk									
Sarup	Ram	3 (Z3) Fraser Valley	White Rock	Final Standin	1 Gold	38:05.30	Final Standings	Final Standings	
Montaldi	Doug	11 (Z11) Bulkley Valley-Lakes-Nechako	Burns Lake	Final Standin	2 Silver	43:16.80	Final Standings	Final Standings	

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Yong	George	4 (Z4) Lower Mainland	Burnaby	Final Standin	3 Bronze	43:37.66	Final Standings	Final Standings
TR143 - Men- 65 - 69 - Long Jump								
Liu	Edwin	4 (Z4) Lower Mainland	Vancouver	Final Standin	1 Gold	4.32	Final Standings	Final Standings
TR133 - Men- 65 - 69 - Triple Jump								
Liu	Edwin	4 (Z4) Lower Mainland	Vancouver	Final Standin	1 Gold	9.25	Final Standings	Final Standings
TR024 - Men- 70 - 74 - 200 Metres								
Sandhu	Hardev Singh	3 (Z3) Fraser Valley	Surrey	Final Standin	1 Gold	34.08	Final Standings	Final Standings
TR044 - Men- 70 - 74 - 800 Metres								
Zapf-Gilje	Reidar	4 (Z4) Lower Mainland	Vancouver	Final Standin	1 Gold	2:40.13	Final Standings	Final Standings
Befus	Glenn	2 (Z2) Vancouver Island North	Nanaimo Bay	Final Standin	2 Silver	3:01.12	Final Standings	Final Standings
Walker	David	3 (Z3) Fraser Valley	Coquitlam	Final Standin	3 Bronze	3:45.21	Final Standings	Final Standings
TR064 - Men- 70 - 74 - 5000 Metres								
Dean	Robert	4 (Z4) Lower Mainland	Delta	Final Standin	1 Gold	24:16.96	Final Standings	Final Standings
TR074 - Men- 70 - 74 - 5000 Metre Power Walk								
Johnson	Jim	7 (Z7) East Kootenay	Cranbrook	Final Standin	1 Gold	33:05.59	Final Standings	Final Standings
Harrison	Leigh	6 (Z6) West Kootenay Boundary	Trail	Final Standin	2 Silver	35:00.00	Final Standings	Final Standings
Chin	Steve	4 (Z4) Lower Mainland	Vancouver	Final Standin	3 Bronze	54:10.39	Final Standings	Final Standings
TR144 - Men- 70 - 74 - Long Jump								
Johnson	Jim	7 (Z7) East Kootenay	Cranbrook	Final Standin	1 Gold	3.35	Final Standings	Final Standings
Donaldson	Sven	2 (Z2) Vancouver Island North	Nanaimo	Final Standin	2 Silver	3.17	Final Standings	Final Standings
TR134 - Men- 70 - 74 - Triple Jump								
Donaldson	Sven	2 (Z2) Vancouver Island North	Nanaimo	Final Standin	1 Gold	6.35	Final Standings	Final Standings
TR164 - Men- 70 - 74 - Javelin								
Bains	Mohan	3 (Z3) Fraser Valley	Surrey	Final Standin	1 Gold	25.7	Final Standings	Final Standings
Sweeney	Ron	3 (Z3) Fraser Valley	Abbotsford	Final Standin	2 Silver	25.48	Final Standings	Final Standings
Johnson	Jim	7 (Z7) East Kootenay	Cranbrook	Final Standin	3 Bronze	24.47	Final Standings	Final Standings
TR055 - Men- 75 - 79 - 1500 Metres								
Bhullar	Piara Singh	3 (Z3) Fraser Valley	Surrey	Final Standin	1 Gold	6:26.60	Final Standings	Final Standings
Towler	Frank	1 (Z1) Vancouver Island South	North Saanich	Final Standin	2 Silver	7:04.72	Final Standings	Final Standings

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Last Name	First Name	Geographic Location Name	City	Result Type	Place	Batch Type	Batch Name		
TR095 - Men- 75 - 79 - 1500 Metre Race Walk									
Toor	Harneke	3	(Z3) Fraser Valley	Abbotsford	Final Standin	1 Gold	12:27.16	Final Standings	Final Standings
TR125 - Men- 75 - 79 - High Jump									
Ulis	David	3	(Z3) Fraser Valley	Surrey	Final Standin	1 Gold	1.1	Final Standings	Final Standings
TR155 - Men- 75 - 79 - Discus									
Ulis	David	3	(Z3) Fraser Valley	Surrey	Final Standin	1 Gold	28.28	Final Standings	Final Standings
Townsend	Ken	3	(Z3) Fraser Valley	Maple Ridge	Final Standin	2 Silver	25.13	Final Standings	Final Standings
Toor	Harneke	3	(Z3) Fraser Valley	Abbotsford	Final Standin	3 Bronze	24.78	Final Standings	Final Standings
TR175 - Men- 75 - 79 - Shot Put									
Toor	Harneke	3	(Z3) Fraser Valley	Abbotsford	Final Standin	1 Gold	9.69	Final Standings	Final Standings
Ulis	David	3	(Z3) Fraser Valley	Surrey	Final Standin	2 Silver	8.81	Final Standings	Final Standings
Ukonmaanah	Tom	9	(Z9) North Central	Prince George	Final Standin	3 Bronze	8.74	Final Standings	Final Standings
TR195 - Men- 75 - 79 - Weight Throw									
Toor	Harneke	3	(Z3) Fraser Valley	Abbotsford	Final Standin	1 Gold	14.7	Final Standings	Final Standings
Ulis	David	3	(Z3) Fraser Valley	Surrey	Final Standin	2 Silver	10.81	Final Standings	Final Standings
Townsend	Ken	3	(Z3) Fraser Valley	Maple Ridge	Final Standin	3 Bronze	9.96	Final Standings	Final Standings
TR215 - Men- 75 - 79 - Pentathlon									
Gee	Arthur	4	(Z4) Lower Mainland	Burnaby	Final Standin	1 Gold	1403	Final Standings	Final Standings
TR016 - Men- 80 - 84 - 100 Metres									
Mustaklim	Bill	4	(Z4) Lower Mainland	West Vancouver	Final Standin	1 Gold	17.37	Final Standings	Final Standings
McGraw	David	9	(Z9) North Central	Prince George	Final Standin	3 Bronze	17.55	Final Standings	Final Standings
TR036 - Men- 80 - 84 - 400 Metres									
Miller	Doug	1	(Z1) Vancouver Island South	Victoria	Final Standin	1 Gold	1:56.12	Final Standings	Final Standings
TR056 - Men- 80 - 84 - 1500 Metres									
Miller	Doug	1	(Z1) Vancouver Island South	Victoria	Final Standin	1 Gold	8:56.59	Final Standings	Final Standings
TR156 - Men- 80 - 84 - Discus									
East	Les	1	(Z1) Vancouver Island South	Victoria	Final Standin	1 Gold	23.38	Final Standings	Final Standings
Dyer	Jim	9	(Z9) North Central	Quesnel	Final Standin	2 Silver	22.01	Final Standings	Final Standings
Morioka	Harold	3	(Z3) Fraser Valley	Surrey	Final Standin	3 Bronze	21.86	Final Standings	Final Standings
TR176 - Men- 80 - 84 - Shot Put									

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Morioka	Harold	3 (Z3) Fraser Valley	Surrey	Final Standin	1 Gold	9.5	Final Standings	Final Standings	
Dyer	Jim	9 (Z9) North Central	Quesnel	Final Standin	2 Silver	8.96	Final Standings	Final Standings	
East	Les	1 (Z1) Vancouver Island South	Victoria	Final Standin	3 Bronze	8.36	Final Standings	Final Standings	
TR065 - Men- 75 - 79 - 5000 Metres									
Riggins	Terry	2 (Z2) Vancouver Island North	Nanoose Bay	Final Standin	1 Gold	24:22.63	Final Standings	Final Standings	
Towler	Frank	1 (Z1) Vancouver Island South	North Saanich	Final Standin	2 Silver	25:54.06	Final Standings	Final Standings	
TR145 - Men- 75 - 79 - Long Jump									
Gee	Arthur	4 (Z4) Lower Mainland	Burnaby	Final Standin	1 Gold	3.19	Final Standings	Final Standings	
Parker	Dan	1 (Z1) Vancouver Island South	Victoria	Final Standin	2 Silver	2.75	Final Standings	Final Standings	
TR165 - Men- 75 - 79 - Javelin									
Ulis	David	3 (Z3) Fraser Valley	Surrey	Final Standin	1 Gold	29.69	Final Standings	Final Standings	
Toor	Harne	3 (Z3) Fraser Valley	Abbotsford	Final Standin	2 Silver	29.26	Final Standings	Final Standings	
Ukonmaanah Tom o		9 (Z9) North Central	Prince George	Final Standin	3 Bronze	28.6	Final Standings	Final Standings	
TR205 - Men- 75 - 79 - Pole Vault									
Ukonmaanah Tom o		9 (Z9) North Central	Prince George	Final Standin	1 Gold	2.2	Final Standings	Final Standings	
Gee	Arthur	4 (Z4) Lower Mainland	Burnaby	Final Standin	2 Silver	1.5	Final Standings	Final Standings	
TR225 - Men- 75 - 79 - Throws Pentathlon									
Toor	Harne	3 (Z3) Fraser Valley	Abbotsford	Final Standin	1 Gold	3161	Final Standings	Final Standings	
Ulis	David	3 (Z3) Fraser Valley	Surrey	Final Standin	2 Silver	3067	Final Standings	Final Standings	
Townsend	Ken	3 (Z3) Fraser Valley	Maple Ridge	Final Standin	3 Bronze	2468	Final Standings	Final Standings	
TR026 - Men- 80 - 84 - 200 Metres									
McGraw	David	9 (Z9) North Central	Prince George	Final Standin	2 Silver	39.41	Final Standings	Final Standings	
Shah	Surinder	3 (Z3) Fraser Valley	Surrey	Final Standin	3 Bronze	41.12	Final Standings	Final Standings	
TR046 - Men- 80 - 84 - 800 Metres									
Miller	Doug	1 (Z1) Vancouver Island South	Victoria	Final Standin	1 Gold	4:19.90	Final Standings	Final Standings	
TR146 - Men- 80 - 84 - Long Jump									
Shah	Surinder	3 (Z3) Fraser Valley	Surrey	Final Standin	1 Gold	2.32	Final Standings	Final Standings	
TR136 - Men- 80 - 84 - Triple Jump									

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Shah	Surinder	3 (Z3) Fraser Valley	Surrey	Final Standin	1 Gold	4.69	Final Standings
TR166 - Men- 80 - 84 - Javelin							
East	Les	1 (Z1) Vancouver Island South	Victoria	Final Standin	1 Gold	20.11	Final Standings
Dyer	Jim	9 (Z9) North Central	Quesnel	Final Standin	2 Silver	18.56	Final Standings
TR157 - Men- 85 - 89 - Discus							
Dhillon	Bakhshish	3 (Z3) Fraser Valley	Surrey	Final Standin	1 Gold	19.2	Final Standings
Butcher	Bruce	8 (Z8) South Central	Kamloops	Final Standin	2 Silver	18.37	Final Standings
TR177 - Men- 85 - 89 - Shot Put							
Dhillon	Bakhshish	3 (Z3) Fraser Valley	Surrey	Final Standin	1 Gold	7.76	Final Standings
Butcher	Bruce	8 (Z8) South Central	Kamloops	Final Standin	2 Silver	7.51	Final Standings
TR197 - Men- 85 - 89 - Weight Throw							
Dhillon	Bakhshish	3 (Z3) Fraser Valley	Surrey	Final Standin	1 Gold	11.52	Final Standings
Butcher	Bruce	8 (Z8) South Central	Kamloops	Final Standin	2 Silver	9.24	Final Standings
TR018 - Men- 90 - 94 - 100 Metres							
Huckerby	Ronald	3 (Z3) Fraser Valley	Maple Ridge	Final Standin	1 Gold	34.4	Final Standings
TR158 - Men- 90 - 94 - Discus							
Huckerby	Ronald	3 (Z3) Fraser Valley	Maple Ridge	Final Standin	1 Gold	9.3	Final Standings
TR178 - Men- 90 - 94 - Shot Put							
Huckerby	Ronald	3 (Z3) Fraser Valley	Maple Ridge	Final Standin	1 Gold	4.56	Final Standings
TR198 - Men- 90 - 94 - Weight Throw							
Huckerby	Ronald	3 (Z3) Fraser Valley	Maple Ridge	Final Standin	1 Gold	3.79	Final Standings
TR167 - Men- 85 - 89 - Javelin							
Dhillon	Bakhshish	3 (Z3) Fraser Valley	Surrey	Final Standin	1 Gold	18.37	Final Standings
Butcher	Bruce	8 (Z8) South Central	Kamloops	Final Standin	2 Silver	17.72	Final Standings
TR227 - Men- 85 - 89 - Throws Pentathlon							
Dhillon	Bakhshish	3 (Z3) Fraser Valley	Surrey	Final Standin	1 Gold	2695	Final Standings
Butcher	Bruce	8 (Z8) South Central	Kamloops	Final Standin	2 Silver	2454	Final Standings
TR148 - Men- 90 - 94 - Long Jump							
Huckerby	Ronald	3 (Z3) Fraser Valley	Maple Ridge	Final Standin	1 Gold	1.48	Final Standings
TR168 - Men- 90 - 94 - Javelin							
Huckerby	Ronald	3 (Z3) Fraser Valley	Maple Ridge	Final Standin	1 Gold	8.2	Final Standings

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TR451 - Women- 55 - 59 - Discus									
Shao	Jessie	3	(Z3) Fraser Valley	Surrey	Final Standin	1 Gold	18	Final Standings	Final Standings
Waite	Jane	2	(Z2) Vancouver Island North	Nanoose Bay	Final Standin	2 Silver	13.96	Final Standings	Final Standings
TR471 - Women- 55 - 59 - Shot Put									
Waite	Jane	2	(Z2) Vancouver Island North	Nanoose Bay	Final Standin	1 Gold	1.09	Final Standings	Final Standings
TR491 - Women- 55 - 59 - Weight Throw									
Dagleish	Christine	9	(Z9) North Central	Prince George	Final Standin	1 Gold	9.98	Final Standings	Final Standings
TR312 - Women- 60 - 64 - 100 Metres									
Bateman	Sheila	1	(Z1) Vancouver Island South	Duncan	Final Standin	1 Gold	17.32	Final Standings	Final Standings
Bell	Helen	1	(Z1) Vancouver Island South	Victoria	Final Standin	2 Silver	20.61	Final Standings	Final Standings
TR332 - Women- 60 - 64 - 400 Metres									
Rogers	Patti	2	(Z2) Vancouver Island North	Nanoose Bay	Final Standin	1 Gold	1:13.8	Final Standings	Final Standings
Bell	Helen	1	(Z1) Vancouver Island South	Victoria	Final Standin	2 Silver	1:43.7	Final Standings	Final Standings
TR352 - Women- 60 - 64 - 1500 Metres									
Bell	Helen	1	(Z1) Vancouver Island South	Victoria	Final Standin	1 Gold	7:49.14	Final Standings	Final Standings
TR452 - Women- 60 - 64 - Discus									
Harris	Joan	9	(Z9) North Central	Prince George	Final Standin	1 Gold	22.88	Final Standings	Final Standings
TR472 - Women- 60 - 64 - Shot Put									
Harris	Joan	9	(Z9) North Central	Prince George	Final Standin	1 Gold	8.48	Final Standings	Final Standings
TR492 - Women- 60 - 64 - Weight Throw									
Harris	Joan	9	(Z9) North Central	Prince George	Final Standin	1 Gold	10.87	Final Standings	Final Standings
TR441 - Women- 55 - 59 - Long Jump									
Waite	Jane	2	(Z2) Vancouver Island North	Nanoose Bay	Final Standin	1 Gold	3.36	Final Standings	Final Standings
TR481 - Women- 55 - 59 - Hammer Throw									
Dagleish	Christine	9	(Z9) North Central	Prince George	Final Standin	1 Gold	26.91	Final Standings	Final Standings
Waite	Jane	2	(Z2) Vancouver Island North	Nanoose Bay	Final Standin	2 Silver	NA	Final Standings	Final Standings

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Track and Field

Last Name	First Name	Geographic Location Name	City	Result Type	Place	Batch Type	Batch Name		
TR521 - Women- 55 - 59 - Throws Pentathlon									
Dalgleish	Christine	9	(Z9) North Central	Prince George	Final Standin	1 Gold	1827	Final Standings	Final Standings
TR322 - Women- 60 - 64 - 200 Metres									
Rogers	Patti	2	(Z2) Vancouver Island North	Nanoose Bay	Final Standin	1 Gold	33.07	Final Standings	Final Standings
Bateman	Sheila	1	(Z1) Vancouver Island South	Duncan	Final Standin	2 Silver	37.71	Final Standings	Final Standings
Bell	Helen	1	(Z1) Vancouver Island South	Victoria	Final Standin	3 Bronze	44.27	Final Standings	Final Standings
TR342 - Women- 60 - 64 - 800 Metres									
Bell	Helen	1	(Z1) Vancouver Island South	Victoria	Final Standin	1 Gold	3:53.22	Final Standings	Final Standings
TR362 - Women- 60 - 64 - 5000 Metres									
Bell	Helen	1	(Z1) Vancouver Island South	Victoria	Final Standin	1 Gold	28:13.11	Final Standings	Final Standings
TR462 - Women- 60 - 64 - Javelin									
Harris	Joan	9	(Z9) North Central	Prince George	Final Standin	1 Gold	22.88	Final Standings	Final Standings
TR482 - Women- 60 - 64 - Hammer Throw									
Harris	Joan	9	(Z9) North Central	Prince George	Final Standin	1 Gold	30.2	Final Standings	Final Standings
TR522 - Women- 60 - 64 - Throws Pentathlon									
Harris	Joan	9	(Z9) North Central	Prince George	Final Standin	1 Gold	3049	Final Standings	Final Standings
TR453 - Women- 65 - 69 - Discus									
Essex	Joyce	3	(Z3) Fraser Valley	Langley	Final Standin	1 Gold	10	Final Standings	Final Standings
TR473 - Women- 65 - 69 - Shot Put									
Hendrie	Nola	1	(Z1) Vancouver Island South	Chemainus	Final Standin	1 Gold	6.19	Final Standings	Final Standings
Essex	Joyce	3	(Z3) Fraser Valley	Langley	Final Standin	2 Silver	5.11	Final Standings	Final Standings
TR493 - Women- 65 - 69 - Weight Throw									
Essex	Joyce	3	(Z3) Fraser Valley	Langley	Final Standin	1 Gold	5.66	Final Standings	Final Standings
TR513 - Women- 65 - 69 - Pentathlon									
O'Brien Hugh	Cindy	3	(Z3) Fraser Valley	Surrey	Final Standin	1 Gold	3303	Final Standings	Final Standings
TR314 - Women- 70 - 74 - 100 Metres									
Johnson	Marie	3	(Z3) Fraser Valley	Surrey	Final Standin	1 Gold	17.99	Final Standings	Final Standings

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Track and Field

Last Name	First Name	Geographic Location Name	City	Result Type	Place	Batch Type	Batch Name
Hayley Lee	Urith Deborah	3 (Z3) Fraser Valley	Coquitlam	Final Standin	2 Silver	18.15	Final Standings
		4 (Z4) Lower Mainland	North Vancouver	Final Standin	3 Bronze	19.54	Final Standings
TR334 - Women- 70 - 74 - 400 Metres							
Bissessur	Sandra	2 (Z2) Vancouver Island North	Nanaimo	Final Standin	1 Gold	1:29.56	Final Standings
TR394 - Women- 70 - 74 - 1500 Metre Race Walk							
McGregor Poliquin	Anne	4 (Z4) Lower Mainland	North Vancouver	Final Standin	1 Gold	15:07.78	Final Standings
TR424 - Women- 70 - 74 - High Jump							
Lee	Deborah	4 (Z4) Lower Mainland	North Vancouver	Final Standin	1 Gold	1.05	Final Standings
TR454 - Women- 70 - 74 - Discus							
Begg	Denise	3 (Z3) Fraser Valley	Surrey	Final Standin	1 Gold	17.92	Final Standings
TR474 - Women- 70 - 74 - Shot Put							
Begg	Denise	3 (Z3) Fraser Valley	Surrey	Final Standin	1 Gold	6.58	Final Standings
TR494 - Women- 70 - 74 - Weight Throw							
Begg	Denise	3 (Z3) Fraser Valley	Surrey	Final Standin	1 Gold	10.27	Final Standings
TR514 - Women- 70 - 74 - Pentathlon							
Hayley	Urith	3 (Z3) Fraser Valley	Coquitlam	Final Standin	1 Gold	1810	Final Standings
TR433 - Women- 65 - 69 - Triple Jump							
Hendrie	Nola	1 (Z1) Vancouver Island South	Chemainus	Final Standin	1 Gold	5.15	Final Standings
TR483 - Women- 65 - 69 - Hammer Throw							
Hendrie	Nola	1 (Z1) Vancouver Island South	Chemainus	Final Standin	1 Gold	15.62	Final Standings
Essex	Joyce	3 (Z3) Fraser Valley	Langley	Final Standin	2 Silver	15.18	Final Standings
TR503 - Women- 65 - 69 - Pole Vault							
Hendrie	Nola	1 (Z1) Vancouver Island South	Chemainus	Final Standin	1 Gold	1.5	Final Standings
TR523 - Women- 65 - 69 - Throws Pentathlon							
Hendrie	Nola	1 (Z1) Vancouver Island South	Chemainus	Final Standin	1 Gold	1840	Final Standings
Essex	Joyce	3 (Z3) Fraser Valley	Langley	Final Standin	2 Silver	1453	Final Standings
TR324 - Women- 70 - 74 - 200 Metres							

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Last Name	First Name	Geographic Location Name	City	Result Type	Place	Batch Type	Batch Name		
Bissessur	Sandra	2 (Z2) Vancouver Island North	Nanaimo	Final Standin	1 Gold	36.51	Final Standings	Final Standings	
Johnson	Marie	3 (Z3) Fraser Valley	Surrey	Final Standin	2 Silver	37.35	Final Standings	Final Standings	
TR344 - Women- 70 - 74 - 800 Metres									
Bissessur	Sandra	2 (Z2) Vancouver Island North	Nanaimo	Final Standin	1 Gold	3:41.32	Final Standings	Final Standings	
TR434 - Women- 70 - 74 - Triple Jump									
Lee	Deborah	4 (Z4) Lower Mainland	North Vancouver	Final Standin	1 Gold	6.76	Final Standings	Final Standings	
TR484 - Women- 70 - 74 - Hammer Throw									
Begg	Denise	3 (Z3) Fraser Valley	Surrey	Final Standin	1 Gold	25.31	Final Standings	Final Standings	
TR524 - Women- 70 - 74 - Throws Pentathlon									
Begg	Denise	3 (Z3) Fraser Valley	Surrey	Final Standin	1 Gold	2935	Final Standings	Final Standings	
TR316 - Women- 80 - 84 - 100 Metres									
Radcliffe	Marg	1 (Z1) Vancouver Island South	Lake Cowichan	Final Standin	1 Gold	21.42	Final Standings	Final Standings	
TR336 - Women- 80 - 84 - 400 Metres									
Kinnee	Evelyn	5 (Z5) Okanagan-Similkameen	Kelowna	Final Standin	1 Gold	2:43.59	Final Standings	Final Standings	
TR356 - Women- 80 - 84 - 1500 Metres									
Kinnee	Evelyn	5 (Z5) Okanagan-Similkameen	Kelowna	Final Standin	1 Gold	12:17.06	Final Standings	Final Standings	
TR426 - Women- 80 - 84 - High Jump									
Radcliffe	Marg	1 (Z1) Vancouver Island South	Lake Cowichan	Final Standin	1 Gold	0.75	Final Standings	Final Standings	
TR456 - Women- 80 - 84 - Discus									
Brand	Kathy	8 (Z8) South Central	Kamloops	Final Standin	1 Gold	17.68	Final Standings	Final Standings	
Radcliffe	Marg	1 (Z1) Vancouver Island South	Lake Cowichan	Final Standin	2 Silver	15.63	Final Standings	Final Standings	
TR476 - Women- 80 - 84 - Shot Put									
Brand	Kathy	8 (Z8) South Central	Kamloops	Final Standin	1 Gold	6.72	Final Standings	Final Standings	
Radcliffe	Marg	1 (Z1) Vancouver Island South	Lake Cowichan	Final Standin	2 Silver	6.48	Final Standings	Final Standings	
Crosthwaite	Gerda	5 (Z5) Okanagan-Similkameen	Kelowna	Final Standin	3 Bronze	6.38	Final Standings	Final Standings	
TR496 - Women- 80 - 84 - Weight Throw									

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Last Name	First Name	Geographic Location Name	City	Result Type	Place		Batch Type	Batch Name
Brand	Kathy	8 (Z8) South Central	Kamloops	Final Standin	1 Gold	9.95	Final Standings	Final Standings
TR376 - Women- 80 - 84 - 3000 Metre Power Walk								
Kinnee	Evelyn	5 (Z5) Okanagan-Similkameen	Kelowna	Final Standin	1 Gold	25:53.13	Final Standings	Final Standings
TR446 - Women- 80 - 84 - Long Jump								
Crosthwaite	Gerda	5 (Z5) Okanagan-Similkameen	Kelowna	Final Standin	1 Gold	2.67	Final Standings	Final Standings
TR486 - Women- 80 - 84 - Hammer Throw								
Brand	Kathy	8 (Z8) South Central	Kamloops	Final Standin	1 Gold	28.08	Final Standings	Final Standings
TR526 - Women- 80 - 84 - Throws Pentathlon								
Brand	Kathy	8 (Z8) South Central	Kamloops	Final Standin	1 Gold	3178	Final Standings	Final Standings
TR477 - Women- 85 - 89 - Shot Put								
Steinfeld	Frances	3 (Z3) Fraser Valley	Aldergrove	Final Standin	1 Gold	5.06	Final Standings	Final Standings
TR497 - Women- 85 - 89 - Weight Throw								
Cheetham	Renate	3 (Z3) Fraser Valley	Surrey	Final Standin	1 Gold	5.47	Final Standings	Final Standings
TR458 - Women- 90 - 94 - Discus								
Acton	Myrtle	1 (Z1) Vancouver Island South	Sooke	Final Standin	1 Gold	15.83	Final Standings	Final Standings
TR478 - Women- 90 - 94 - Shot Put								
Acton	Myrtle	1 (Z1) Vancouver Island South	Sooke	Final Standin	1 Gold	6.04	Final Standings	Final Standings
TR498 - Women- 90 - 94 - Weight Throw								
Acton	Myrtle	1 (Z1) Vancouver Island South	Sooke	Final Standin	1 Gold	7.98	Final Standings	Final Standings
TR487 - Women- 85 - 89 - Hammer Throw								
Steinfeld	Frances	3 (Z3) Fraser Valley	Aldergrove	Final Standin	1 Gold	15.24	Final Standings	Final Standings
TR488 - Women- 90 - 94 - Hammer Throw								
Acton	Myrtle	1 (Z1) Vancouver Island South	Sooke	Final Standin	1 Gold	17.55	Final Standings	Final Standings
TR528 - Women- 90 - 94 - Throws Pentathlon								
Acton	Myrtle	1 (Z1) Vancouver Island South	Sooke	Final Standin	1 Gold	3750	Final Standings	Final Standings
TR023 - Men- 65 - 69 - 200 Metres								

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Last Name	First Name	Geographic Location Name	City	Result Type	Place	Batch Type	Batch Name		
Crawshaw	Allan	1 (Z1) Vancouver Island South	Victoria	Final Standin	1 Gold	30.83	Final Standings	Final Standings	
TR222 - Men- 60 - 64 - Throws Pentathlon									
McMahon	Shawm	11 (Z11) Bulkley Valley-Lakes-Nechako	Burns Lake	Final Standin	1 Gold	1833	Final Standings	Final Standings	
TR015 - Men- 75 - 79 - 100 Metres									
Parker	Dan	1 (Z1) Vancouver Island South	Victoria	Final Standin	1 Gold	15.47	Final Standings	Final Standings	
Ukonmaanaho	Tom	9 (Z9) North Central	Prince George	Final Standin	2 Silver	15.59	Final Standings	Final Standings	
Gee	Arthur	4 (Z4) Lower Mainland	Burnaby	Final Standin	3 Bronze	19.02	Final Standings	Final Standings	
TR037 - Men- 85 - 89 - 400 Metres									
Watt	Sandy	1 (Z1) Vancouver Island South	Victoria	Final Standin	1 Gold	1:52.74	Final Standings	Final Standings	
TR027 - Men- 85 - 89 - 200 Metres									
Watt	Sandy	1 (Z1) Vancouver Island South	Victoria	Final Standin	1 Gold	49.26	Final Standings	Final Standings	
TR331 - Women- 55 - 59 - 400 Metres									
Waite	Jane	2 (Z2) Vancouver Island North	Nanose Bay	Final Standin	1 Gold	1:29.56	Final Standings	Final Standings	
TR311 - Women- 55 - 59 - 100 Metres									
Waite	Jane	2 (Z2) Vancouver Island North	Nanose Bay	Final Standin	1 Gold	16.26	Final Standings	Final Standings	
Passler	Breta	2 (Z2) Vancouver Island North	Nanaimo	Final Standin	2 Silver	16.98	Final Standings	Final Standings	
Bent	Leslie Ann	1 (Z1) Vancouver Island South	Shirley	Final Standin	3 Bronze	27.15	Final Standings	Final Standings	
TR321 - Women- 55 - 59 - 200 Metres									
Waite	Jane	2 (Z2) Vancouver Island North	Nanose Bay	Final Standin	1 Gold	32.84	Final Standings	Final Standings	
Passler	Breta	2 (Z2) Vancouver Island North	Nanaimo	Final Standin	2 Silver	36.12	Final Standings	Final Standings	
Bent	Leslie Ann	1 (Z1) Vancouver Island South	Shirley	Final Standin	3 Bronze	59.88	Final Standings	Final Standings	
TR353 - Women- 65 - 69 - 1500 Metres									
Chabot	Barb	9 (Z9) North Central	Prince George	Final Standin	1 Gold	8:28.26	Final Standings	Final Standings	
Allaye-Chan	Ann	4 (Z4) Lower Mainland	New Westminster	Final Standin	2 Silver	9:42.16	Final Standings	Final Standings	

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Last Name	First Name	Geographic Location Name	City	Result Type	Place		Batch Type	Batch Name
TR313 - Women- 65 - 69 - 100 Metres								
O'Brien Hugh	Cindy	3 (Z3) Fraser Valley	Surrey	Final Standin	1 Gold	15.2	Final Standings	Final Standings
Bonin	Denise	2 (Z2) Vancouver Island North	Nanaimo	Final Standin	2 Silver	17.58	Final Standings	Final Standings
Scott	Valerie	3 (Z3) Fraser Valley	Coquitlam	Final Standin	3 Bronze	17.91	Final Standings	Final Standings
TR333 - Women- 65 - 69 - 400 Metres								
Scott	Valerie	3 (Z3) Fraser Valley	Coquitlam	Final Standin	1 Gold	1:26.72	Final Standings	Final Standings
Chabot	Barb	9 (Z9) North Central	Prince George	Final Standin	2 Silver	1:45.72	Final Standings	Final Standings
TR363 - Women- 65 - 69 - 5000 Metres								
Sharp	Suzanne	9 (Z9) North Central	Prince George	Final Standin	1 Gold	31:49.37	Final Standings	Final Standings
Chabot	Barb	9 (Z9) North Central	Prince George	Final Standin	2 Silver	32:13.99	Final Standings	Final Standings
TR323 - Women- 65 - 69 - 200 Metres								
O'Brien Hugh	Cindy	3 (Z3) Fraser Valley	Surrey	Final Standin	1 Gold	32.19	Final Standings	Final Standings
Scott	Valerie	3 (Z3) Fraser Valley	Coquitlam	Final Standin	2 Silver	37.16	Final Standings	Final Standings
Bonin	Denise	2 (Z2) Vancouver Island North	Nanaimo	Final Standin	3 Bronze	39.62	Final Standings	Final Standings
TR343 - Women- 65 - 69 - 800 Metres								
Chabot	Barb	9 (Z9) North Central	Prince George	Final Standin	1 Gold	4:09.47	Final Standings	Final Standings
Allaye-Chan	Ann	4 (Z4) Lower Mainland	New Westminster	Final Standin	2 Silver	4:47.50	Final Standings	Final Standings
TR375 - Women- 75 - 79 - 5000 Metre Power Walk								
Dyer	Kathy	9 (Z9) North Central	Quesnel	Final Standin	1 Gold	43:28.12	Final Standings	Final Standings
TR397 - Women- 85 - 89 - 1500 Metre Race Walk								
Cheetham	Renate	3 (Z3) Fraser Valley	Surrey	Final Standin	1 Gold	13:14.51	Final Standings	Final Standings
TR427 - Women- 85 - 89 - High Jump								
Bortignon	Christa	4 (Z4) Lower Mainland	West Vancouver	Final Standin	1 Gold	0.9	Final Standings	Final Standings
TR447 - Women- 85 - 89 - Long Jump								
Bortignon	Christa	4 (Z4) Lower Mainland	West Vancouver	Final Standin	1 Gold	3.11	Final Standings	Final Standings
TR377 - Women- 85 - 89 - 3000 Metre Power Walk								
Cheetham	Renate	3 (Z3) Fraser Valley	Surrey	Final Standin	1 Gold	26:16.72	Final Standings	Final Standings
TR152 - Men- 60 - 64 - Discus								
McMahon	Shawm	11 (Z11) Bulkley Valley-Lakes-Nechako	Burns Lake	Final Standin	1 Gold	29.78	Final Standings	Final Standings
Pannu	Jaswinder	3 (Z3) Fraser Valley	Surrey	Final Standin	2 Silver	27.23	Final Standings	Final Standings

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Last Name	First Name	Geographic Location Name	City	Result Type	Place		Batch Type	Batch Name	
Chhina	Avtar	3	(Z3) Fraser Valley	Abbotsford	Final Standin	3 Bronze	25.67	Final Standings	Final Standings
TR174 - Men- 70 - 74 - Shot Put									
Zapf-Gilje	Reidar	4	(Z4) Lower Mainland	Vancouver	Final Standin	1 Gold	12.21	Final Standings	Final Standings
Essex	Al	3	(Z3) Fraser Valley	Langley	Final Standin	2 Silver	10.59	Final Standings	Final Standings
Bains	Mohan	3	(Z3) Fraser Valley	Surrey	Final Standin	3 Bronze	10.33	Final Standings	Final Standings
TR196 - Men- 80 - 84 - Weight Throw									
Dyer	Jim	9	(Z9) North Central	Quesnel	Final Standin	1 Gold	14.35	Final Standings	Final Standings
East	Les	1	(Z1) Vancouver Island South	Victoria	Final Standin	2 Silver	11.28	Final Standings	Final Standings
Morioka	Harold	3	(Z3) Fraser Valley	Surrey	Final Standin	3 Bronze	10.72	Final Standings	Final Standings
TR317 - Women- 85 - 89 - 100 Metres									
Bortignon	Christa	4	(Z4) Lower Mainland	West Vancouver	Final Standin	1 Gold	18.3	Final Standings	Final Standings
Cheetham	Renate	3	(Z3) Fraser Valley	Surrey	Final Standin	2 Silver	29.66	Final Standings	Final Standings
TR327 - Women- 85 - 89 - 200 Metres									
Bortignon	Christa	4	(Z4) Lower Mainland	West Vancouver	Final Standin	1 Gold	41.68	Final Standings	Final Standings
Cheetham	Renate	3	(Z3) Fraser Valley	Surrey	Final Standin	2 Silver	01:10.94	Final Standings	Final Standings
TR192 - Men- 60 - 64 - Weight Throw									
McMahon	Shawm	11	(Z11) Bulkley Valley-Lakes-Nechako	Burns Lake	Final Standin	1 Gold	9.52	Final Standings	Final Standings
Chhina	Avtar	3	(Z3) Fraser Valley	Abbotsford	Final Standin	2 Silver	9.24	Final Standings	Final Standings
TR013 - Men- 65 - 69 - 100 Metres									
Liu	Edwin	4	(Z4) Lower Mainland	Vancouver	Final Standin	1 Gold	14.14	Final Standings	Final Standings
TR162 - Men- 60 - 64 - Javelin									
Hill	Joe	3	(Z3) Fraser Valley	Langley	Final Standin	1 Gold	32.19	Final Standings	Final Standings
Pannu	Jaswinder	3	(Z3) Fraser Valley	Surrey	Final Standin	2 Silver	29.56	Final Standings	Final Standings
McMahon	Shawm	11	(Z11) Bulkley Valley-Lakes-Nechako	Burns Lake	Final Standin	3 Bronze	19.22	Final Standings	Final Standings
TR194 - Men- 70 - 74 - Weight Throw									
Bains	Mohan	3	(Z3) Fraser Valley	Surrey	Final Standin	1 Gold	14.63	Final Standings	Final Standings
Sandhu	Hardev Singh	3	(Z3) Fraser Valley	Surrey	Final Standin	2 Silver	13.68	Final Standings	Final Standings
Sweeney	Ron	3	(Z3) Fraser Valley	Abbotsford	Final Standin	3 Bronze	9.71	Final Standings	Final Standings
TR214 - Men- 70 - 74 - Pentathlon									
Zapf-Gilje	Reidar	4	(Z4) Lower Mainland	Vancouver	Final Standin	1 Gold	3334	Final Standings	Final Standings
Johnson	Jim	7	(Z7) East Kootenay	Cranbrook	Final Standin	2 Silver	2226	Final Standings	Final Standings

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Last Name	First Name	Geographic Location Name	City	Result Type	Place		Batch Type	Batch Name	
TR035 - Men- 75 - 79 - 400 Metres									
Riggins	Terry	2	(Z2) Vancouver Island North	Nanoose Bay	Final Standin	1 Gold	1:20.05	Final Standings	Final Standings
Ukonmaanah Tom o		9	(Z9) North Central	Prince George	Final Standin	2 Silver	1:20.77	Final Standings	Final Standings
Gee	Arthur	4	(Z4) Lower Mainland	Burnaby	Final Standin	3 Bronze	1:37.08	Final Standings	Final Standings
TR204 - Men- 70 - 74 - Pole Vault									
Zapf-Gilje	Reidar	4	(Z4) Lower Mainland	Vancouver	Final Standin	1 Gold	2.4	Final Standings	Final Standings
Donaldson	Sven	2	(Z2) Vancouver Island North	Nanaimo	Final Standin	2 Silver	2.1	Final Standings	Final Standings
TR224 - Men- 70 - 74 - Throws Pentathlon									
Bains	Mohan	3	(Z3) Fraser Valley	Surrey	Final Standin	1 Gold	2941	Final Standings	Final Standings
Essex	Al	3	(Z3) Fraser Valley	Langley	Final Standin	2 Silver	2859	Final Standings	Final Standings
Tatla	Sarooop	3	(Z3) Fraser Valley	Surrey	Final Standin	3 Bronze	2348	Final Standings	Final Standings
TR025 - Men- 75 - 79 - 200 Metres									
Ukonmaanah Tom o		9	(Z9) North Central	Prince George	Final Standin	1 Gold	33.32	Final Standings	Final Standings
Riggins	Terry	2	(Z2) Vancouver Island North	Nanoose Bay	Final Standin	2 Silver	35.22	Final Standings	Final Standings
Gee	Arthur	4	(Z4) Lower Mainland	Burnaby	Final Standin	3 Bronze	40.41	Final Standings	Final Standings
TR057 - Men- 85 - 89 - 1500 Metres									
Watt	Sandy	1	(Z1) Vancouver Island South	Victoria	Final Standin	1 Gold	8:16.78	Final Standings	Final Standings
TR226 - Men- 80 - 84 - Throws Pentathlon									
Dyer	Jim	9	(Z9) North Central	Quesnel	Final Standin	1 Gold	2913	Final Standings	Final Standings
Morioka	Harold	3	(Z3) Fraser Valley	Surrey	Final Standin	2 Silver	2596	Final Standings	Final Standings
East	Les	1	(Z1) Vancouver Island South	Victoria	Final Standin	3 Bronze	2500	Final Standings	Final Standings
TR393 - Women- 65 - 69 - 1500 Metre Race Walk									
Sharp	Suzanne	9	(Z9) North Central	Prince George	Final Standin	1 Gold	10:09.45	Final Standings	Final Standings
TR373 - Women- 65 - 69 - 5000 Metre Power Walk									
Sharp	Suzanne	9	(Z9) North Central	Prince George	Final Standin	1 Gold	36:36.89	Final Standings	Final Standings
TR457 - Women- 85 - 89 - Discus									
Bortignon	Christa	4	(Z4) Lower Mainland	West Vancouver	Final Standin	1 Gold	15.18	Final Standings	Final Standings
Steinfeld	Frances	3	(Z3) Fraser Valley	Aldergrove	Final Standin	2 Silver	11.19	Final Standings	Final Standings

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Last Name	First Name	Geographic Location Name	City	Result Type	Place	Batch Type	Batch Name		
TR437 - Women- 85 - 89 - Triple Jump									
Bortignon	Christa	4	(Z4) Lower Mainland	West Vancouver	Final Standin	1 Gold	6.62	Final Standings	Final Standings
TR212 - Men- 60 - 64 - Pentathlon									
McMahon	Shawm	11	(Z11) Bulkley Valley-Lakes-Nechako	Burns Lake	Final Standin	1 Gold	1587	Final Standings	Final Standings
TR045 - Men- 75 - 79 - 800 Metres									
Bhullar	Piara Singh	3	(Z3) Fraser Valley	Surrey	Final Standin	1 Gold	3:11.03	Final Standings	Final Standings
Riggins	Terry	2	(Z2) Vancouver Island North	NanOOSE Bay	Final Standin	2 Silver	3:19.16	Final Standings	Final Standings
Towler	Frank	1	(Z1) Vancouver Island South	North Saanich	Final Standin	3 Bronze	3:38.22	Final Standings	Final Standings
TR017 - Men- 85 - 89 - 100 Metres									
Watt	Sandy	1	(Z1) Vancouver Island South	Victoria	Final Standin	1 Gold	25.72	Final Standings	Final Standings
TR047 - Men- 85 - 89 - 800 Metres									
Watt	Sandy	1	(Z1) Vancouver Island South	Victoria	Final Standin	1 Gold	3:56.52	Final Standings	Final Standings
TR067 - Men- 85 - 89 - 5000 Metres									
Watt	Sandy	1	(Z1) Vancouver Island South	Victoria	Final Standin	1 Gold	29:59.75	Final Standings	Final Standings
TR371 - Women- 55 - 59 - 5000 Metre Power Walk									
Bent	Leslie Ann	1	(Z1) Vancouver Island South	Shirley	Final Standin	1 Gold	44:41.94	Final Standings	Final Standings
TR443 - Women- 65 - 69 - Long Jump									
O'Brien Hugh	Cindy	3	(Z3) Fraser Valley	Surrey	Final Standin	1 Gold	3.73	Final Standings	Final Standings
Chabot	Barb	9	(Z9) North Central	Prince George	Final Standin	2 Silver	2.9	Final Standings	Final Standings
Hendrie	Nola	1	(Z1) Vancouver Island South	Chemainus	Final Standin	3 Bronze	2.56	Final Standings	Final Standings
TR001 - Men- 55 - 59 - 50 Meters									
Fostvelt	Shawn	2	(Z2) Vancouver Island North	Nanaimo	Final Standin	1 Gold	6.67	Final Standings	Final Standings
Colbert	Steven Paul	4	(Z4) Lower Mainland	Vancouver	Final Standin	2 Silver	6.89	Final Standings	Final Standings
King	Robin	1	(Z1) Vancouver Island South	Duncan	Final Standin	3 Bronze	7.97	Final Standings	Final Standings
TR002 - Men- 60 - 64 - 50 Meters									
Wong	Marick	3	(Z3) Fraser Valley	Coquitlam	Final Standin	1 Gold	8.41	Final Standings	Final Standings

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Results - Individual by Sport

Track and Field

Last Name	First Name	Geographic Location Name	City	Result Type	Place	Batch Type	Batch Name		
TR003 - Men- 65 - 69 - 50 Meters									
Liu	Edwin	4	(Z4) Lower Mainland	Vancouver	Final Standin	1 Gold	7.58	Final Standings	Final Standings
TR004 - Men- 70 - 74 - 50 Meters									
Sandhu	Hardev Singh	3	(Z3) Fraser Valley	Surrey	Final Standin	1 Gold	8.37	Final Standings	Final Standings
Stevens	Glenn	1	(Z1) Vancouver Island South	Saltspring Island	Final Standin	2 Silver	8.46	Final Standings	Final Standings
Lewinsky	Alex	3	(Z3) Fraser Valley	Abbotsford	Final Standin	3 Bronze	9.83	Final Standings	Final Standings
TR005 - Men- 75 - 79 - 50 Meters									
Ukonmaanah Tom o		9	(Z9) North Central	Prince George	Final Standin	1 Gold	8.07	Final Standings	Final Standings
Parker	Dan	1	(Z1) Vancouver Island South	Victoria	Final Standin	2 Silver	9.09	Final Standings	Final Standings
Gee	Arthur	4	(Z4) Lower Mainland	Burnaby	Final Standin	3 Bronze	9.75	Final Standings	Final Standings
TR006 - Men- 80 - 84 - 50 Meters									
Mustaklim	Bill	4	(Z4) Lower Mainland	West Vancouver	Final Standin	1 Gold	8.83	Final Standings	Final Standings
McGraw	David	9	(Z9) North Central	Prince George	Final Standin	2 Silver	9.06	Final Standings	Final Standings
McLean	Don	3	(Z3) Fraser Valley	Langley	Final Standin	3 Bronze	13.52	Final Standings	Final Standings
TR008 - Men- 90 - 94 - 50 Meters									
Huckerby	Ronald	3	(Z3) Fraser Valley	Maple Ridge	Final Standin	1 Gold	15.86	Final Standings	Final Standings
TR301 - Women- 55 - 59 - 50 Meters									
Passler	Breta	2	(Z2) Vancouver Island North	Nanaimo	Final Standin	1 Gold	9.33	Final Standings	Final Standings
Bent	Leslie Ann	1	(Z1) Vancouver Island South	Shirley	Final Standin	2 Silver	12.51	Final Standings	Final Standings
TR302 - Women- 60 - 64 - 50 Meters									
Rogers	Patti	2	(Z2) Vancouver Island North	Nanoose Bay	Final Standin	1 Gold	8.59	Final Standings	Final Standings
TR303 - Women- 65 - 69 - 50 Meters									
O'Brien Hugh Cindy		3	(Z3) Fraser Valley	Surrey	Final Standin	1 Gold	8.09	Final Standings	Final Standings
Bonin	Denise	2	(Z2) Vancouver Island North	Nanaimo	Final Standin	2 Silver	9.18	Final Standings	Final Standings
Chabot	Barb	9	(Z9) North Central	Prince George	Final Standin	3 Bronze	10.58	Final Standings	Final Standings
TR304 - Women- 70 - 74 - 50 Meters									
Johnson	Marie	3	(Z3) Fraser Valley	Surrey	Final Standin	1 Gold	9.03	Final Standings	Final Standings
Lee	Deborah	4	(Z4) Lower Mainland	North Vancouver	Final Standin	2 Silver	9.75	Final Standings	Final Standings

Abbotsford 2023 55+ BC Games

Results - Individual by Sport

Track and Field

Last Name	First Name	Geographic Location Name	City	Result Type	Place		Batch Type	Batch Name
TR306 - Women- 80 - 84 - 50 Meters								
Crosthwaite	Gerda	5	(Z5) Okanagan-Similkameen	Kelowna	Final Standin	1 Gold	10.09	Final Standings Final Standings
Radcliffe	Marg	1	(Z1) Vancouver Island South	Lake Cowichan	Final Standin	2 Silver	10.60	Final Standings Final Standings
Brand	Kathy	8	(Z8) South Central	Kamloops	Final Standin	3 Bronze	11.30	Final Standings Final Standings
TR307 - Women- 85 - 89 - 50 Meters								
Bortignon	Christa	4	(Z4) Lower Mainland	West Vancouver	Final Standin	1 Gold	9.27	Final Standings Final Standings
Cheetham	Renate	3	(Z3) Fraser Valley	Surrey	Final Standin	2 Silver	14.79	Final Standings Final Standings
TR081 - Men- 55 - 59 - 10 Kilometre Road Race								
Randhawa	Parminder	3	(Z3) Fraser Valley	Abbotsford	Final Standin	1 Gold	43:27.69	Final Standings Final Standings
Royer	Steven	7	(Z7) East Kootenay	Kimberley	Final Standin	2 Silver	51:19.17	Final Standings Final Standings
Kay	Andrew	3	(Z3) Fraser Valley	Surrey	Final Standin	3 Bronze	51:32.24	Final Standings Final Standings
TR082 - Men- 60 - 64 - 10 Kilometre Road Race								
Stewart	Brian	3	(Z3) Fraser Valley	Abbotsford	Final Standin	1 Gold	49:11.5	Final Standings Final Standings
Virk	Jarnail	3	(Z3) Fraser Valley	Abbotsford	Final Standin	2 Silver	52:21.65	Final Standings Final Standings
TR083 - Men- 65 - 69 - 10 Kilometre Road Race								
Sarup	Ram	3	(Z3) Fraser Valley	White Rock	Final Standin	1 Gold	1:27:25.75	Final Standings Final Standings
TR084 - Men- 70 - 74 - 10 Kilometre Road Race								
Dean	Robert	4	(Z4) Lower Mainland	Delta	Final Standin	1 Gold	49:21.46	Final Standings Final Standings
Ruddell	Simon	4	(Z4) Lower Mainland	Delta	Final Standin	2 Silver	49:26.66	Final Standings Final Standings
TR085 - Men- 75 - 79 - 10 Kilometre Road Race								
Dowling	Mike	4	(Z4) Lower Mainland	North Vancouver	Final Standin	1 Gold	50:53.68	Final Standings Final Standings
Towler	Frank	1	(Z1) Vancouver Island South	North Saanich	Final Standin	2 Silver	51:54.06	Final Standings Final Standings
TR086 - Men- 80 - 84 - 10 Kilometre Road Race								
Miller	Doug	1	(Z1) Vancouver Island South	Victoria	Final Standin	1 Gold	1:10:04.59	Final Standings Final Standings
TR383 - Women- 65 - 69 - 10 Kilometre Road Race								
Allaye-Chan	Ann	4	(Z4) Lower Mainland	New Westminster	Final Standin	1 Gold	1:17:44.55	Final Standings Final Standings